



# Zing 3

Contains digestive enzymes, it is digestive friendly & circulation boosting.

## Product Information

Zing 3 is a light and refreshing blend that combines the sweetness of pineapple with a subtle hint of ginger to give this juice an exciting 'zing' that sets it apart.

The smooth and delightfully sweet pear adds a clean taste which fits perfectly with mint giving the Zing 3 a tantalizing combination of sweet, smooth and bite.

## Benefits of Zing 3

Zing 3 provides an effective combination to soothe the digestive system and also aid the natural anti-inflammatory processes within the body.

Ginger and mint together calm an upset stomach, and also help to soothe an irritated gut. Pineapple is a great source of digestive enzymes to help kick start the metabolism and the addition of pear means that this juice is a potent hypoallergenic, digestive soothing powerhouse.

## Key Ingredients

**Pineapple:** Contains the natural enzyme bromelain in high amounts which act as an anti-inflammatory in the body and also aids in protein digestion.

**Pear:** Known as a hypoallergenic fruit, it is a great option for anyone with food sensitivities. Pear also contains pectin; a beneficial type of carbohydrate that helps to soothe the intestinal wall.

## Nutritionist Tip

Perfect before a big lunch or for an afternoon pick me up.

For a wholesome and complete lunch option, sip on a Zing 3 with our Macro Bowl to maximize digestion.

*Ingredients:  
Pineapple, Pear, Mint, Ginger.*

Nutrition Information		
Servings per package:	1.00	
Serving size:	470.0ml	
	Average Quantity per Serving	Average Quantity per 100ml
Energy	929kj	198kj
Protein	2.3g	0.5g
Fat total	0.6g	0.1g
-saturated	0.3g	0.1g
Carbohydrate	42.4g	9.0g
-sugars	42.2g	9.0g
Sodium	10mg	2mg

\*Serving sizes subject to variation +/- 15ml

This bottle of Pressed Juices is bursting with nutrients and enzymes in the convenience of a single bottle. It provides all the goodness that fresh fruits, vegetables & spices have to offer.

Our juices are 100% raw and unpasteurised. This means that they may be unsuitable for some people including pregnant women, young children, the elderly and those with weakened immune systems.

*\*All our stores have a qualified Nutritionist available to chat more about Pressed Juices complete range.*