



Golden Mylkshake

Immune boosting & anti-inflammatory.

Product Information

This silky smooth cashew and coconut mylk, infused with golden turmeric, sweet manuka honey and warming spices is a nourishing drink that is sure to satisfy!

Benefits of Golden Mylkshake

Our golden Mylkshake is infused with spicy notes that not only assist with controlling blood sugar levels, it also boosts immune function, reduces inflammation and aids in digestion thanks to its ayurvedic properties.

Packing a big protein punch and filled with good fats, this nut mylk will keep you full and satisfied as well as warm on a cold day and cool on a spring or summer afternoon, just heat over a stove or enjoy cold!

Key Ingredients

Manuka Honey: This antibacterial honey offers just the right amount of sweetness you need in a drink. Research suggests that the antibacterial properties of manuka honey will assist those with skin allergies such as eczema and dermatitis, sinusitis and sore throats as well as even reduce acid reflux!

Cinnamon: A warming spice that has been shown to help control blood sugar levels, reduce the risk of heart disease, soothe the gut, act as an anti-bacterial and anti-microbial, neutralise odors and increases mental alertness. This is a spice that you want to be incorporating into your diet, as the list of benefits goes on and on and on!

Nutritionist Tip

The beauty of this mylk is that you can enjoy it hot or cold. Either way, you will be flooding your body with readily available nutrients and spices that are going to nourish you from the inside out. Pair with our nutty chamomile truffle for the perfect protein hit to keep you going during the afternoon, or enjoy as an evening dessert heated up before bed!

Ingredients:

Cashew Mylk [Filtered Water, Cashews, Sea Salt, Vanilla Bean], Cocont Mylk [Coconut, Water], Turmeric, Manuka Honey, Cinnamon, Ginger, Clove, Black Pepper, Cardamom.

Nutrition Information		
Servings per package:	1.00	
Serving size:	470.0ml	
	Average Quantity per Serving	Average Quantity per 100ml
Energy	1900kj	405kj
Protein	8.5g	1.8g
Fat total	33.6g	7.2g
-saturated	21.4g	4.6g
Carbohydrate	29.9g	6.4g
-sugars	15.8g	3.7g
Sodium	331mg	70mg

*Serving sizes subject to variation +/- 15ml

This bottle of Pressed Juices is bursting with nutrients and enzymes in the convenience of a single bottle. It provides all the goodness that fresh fruits, vegetables & spices have to offer.

Our juices are 100% raw and unpasteurised. This means that they may be unsuitable for some people including pregnant women, young children, the elderly and those with weakened immune systems.

*All our stores have a qualified Nutritionist available to chat more about Pressed Juices complete range.